AHSL DQ FORM (REV. 3/2012)

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| Ev | ent Hea | at | Lane | Ev | ent | Hea | t | Lane | | |
|----------------------|--|----------------|--|----------------------------|--|--|---|------------------------------------|-----------|--|
| SwimmerTeam | | Геат | Sw | vimmer | | 7 | Геат | | | |
| Judge | | | | Ju | dge | | | | | |
| | Entered in compute | er | | | Entered in | n compute | r | | | |
| a. | Individual Medley □Stroke infraction (mark infraction below) □Strokes out of sequence | | | | 1. Individual Medleya. □Stroke infraction (mark infraction below)b. □Strokes out of sequence | | | | | |
| a. b. | Relays Stroke infraction: (mark infraction but the content of the | elow) immer | | a. b. | (mark ir □Early ta | nfraction b ke off: sw | swimmer □1 elow) immer yed in pool | | □4 □4 | |
| a. b. | Freestyle □Head did not break surface before 15m □No touch at turn □Sprang from/walked on bottom or pulled lane line | | | | Freestyle □Head did not break surface before 15m □No touch at turn □Sprang from/walked on bottom or pulled lane line | | | | | |
| | Backstroke Not on Back: | ∏Start | □During swim | | Backstro Not on B | | □Start | □During s | wim | |
| b. c. d. | □Out of turn □Finish □Delay initiating arm pull □Delay initiating turn □Multiple strokes at turn □Toes curled over lip or gutter after start □Head did not break surface before 15m □No touch at turn □Submerged prior to finish □Other | | | | Out of turn □Finish Delay initiating arm pull □Delay initiating turn □Multiple strokes at turn Under the control of the cont | | | | | |
| a. | Breaststroke Where: Start Swim Turn Finish Kick: Scissors Butterfly Alternating Non-simultaneous Not in same plane Arms: Non-simultaneous Hands past hips Not in same horizontal plane Cycle: Double pull Double kick Head did not break surface during cycle Touch: One hand Non-simultaneous Not on breast Other | | | a. b. c. d. | Breaststroke Where: □Start □Swim □Turn □Finish Kick: □Scissors □Butterfly □Alternating □Non-simultaneous □Not in same plane Arms: □Non-simultaneous □Hands past hips □Not in same horizontal plane Cycle: □Double pull □Double kick □Head did not break surface during cycle Touch: □One hand □Non-simultaneous □Not on breast □Other □ | | | | | |
| a. b. c. d. | Butterfly Where: □Start Kick: □ Scissors Arms: □Underwa Touch: □One hand □Head did not bread □Not on breast □Other | ter recovery | □Non-simultaneous □Non-simultaneous | a. b. c. d. e. | Arms: ☐ Touch: ☐ | l Scissors lUnderwa lOne hand id not brea | □ Swim □Alternating ter recovery d ak surface befo | □Breaststi □Non-sim □Non-sim | ultaneous | |