

March 1, 2019

Coach Certifications –

Requirements must be kept current at all times. There is no grace period. Coaches do not have AHSL Swimming insurance coverage if their certification is not valid; team insurance is also jeopardized by allowing coaches with lapsed certifications to be on deck.

Coach must have First Aid/CPR/ & AED Certification

A certified lifeguard must be on deck at all times at practice & meets. A lifeguard certified coach covers this requirement.

Per league bylaws, any certification after Jan 1, 2019 must come from a USA swimming certified class.

The pages here are extracted from USA swimming certified list to make it easier to verify.

File is posted here: <https://www.usaswimming.org/docs/default-source/coaching-resourcesdocuments/coach-membership-requirements/coach-requirements.pdf?Status=Temp&sfvrsn=90>

Main page is here: [https://www.usaswimming.org/news-landing-page/2017/02/21/safety-requirements-for-coaches-\(cpr-safety-training-for-coaches\)](https://www.usaswimming.org/news-landing-page/2017/02/21/safety-requirements-for-coaches-(cpr-safety-training-for-coaches))

ORGANIZATION	COURSE NAME	NOTES RE THIS COURSE
American Red Cross 1-800-red-cross or support@redcrosstraining.org <i>NOT ACCEPTABLE:</i> <ul style="list-style-type: none">▪ <i>Instructor certifications</i>▪ <i>First Aid, Health & Safety for Coaches</i>▪ <i>Foreign Red Cross certs</i>	Adult and Child CPR/AED	
	Adult and Pediatric CPR/AED	
	CPR/AED for Professional Rescuers and Healthcare Providers	
	Adult and Child First Aid/CPR/AED	
	Adult and Pediatric First Aid/CPR/AED	
	Responding to Emergencies	
	Lifeguarding/CPR/AED	Also acceptable for the STSC in-water skills requirement
	Emergency Medical Response	
	Basic Life Support (BLS) for Healthcare Providers	
	Responding to Emergencies with CPR/AED – Adult and Pediatric	
AAOS (American Academy of Orthopaedic Surgeons)	Healthcare Provider CPR/AED	
American Heart Assoc.	ACLS Provider	
	Adult & Pediatric Basic Life Support	Two separate cards issued – one for Adult and one for Pediatric – both are required
	Heartsaver CPR & AED	“Child CPR/AED” must be on the card.
	Heartsaver First Aid with CPR & AED	“Child CPR/AED” must be on the card.
	BLS Provider	

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	HeartCode BLS	
	AHA Basic Life Support Instructor	
	AHA Instructor or Instructor Trainer	Applies to any of the AHA courses above
American Emergency Response Training	CPR/First Aid/AED (Adult/Child/Infant)	
ASHI (American Safety & Health Institute)	CPR and AED	
	CPR Pro	
	Basic Life Support	
	Pediatric CPR and AED	(The pediatric course does include adult CPR/AED)
	Basic First Aid, CPR and AED	
Boy Scouts of America	BSA Lifeguard	Also acceptable for the STSC in-water skills requirement
California Parks & Rec	California State Lifeguard	
DAN (Divers Alert Network)	Healthcare Provider with First Aid	
Ellis & Associates	International Lifeguard Training	One year certification; Also acceptable for the STSC in-water skills requirement
	Community CPR & AED	
	Water Safety+	
	Healthcare Provider BLS and Standard First Aid	
	Int'l Lifeguard Training Instructor	Also acceptable for the STSC in-water skills requirement
EMS Safety Services	CPR/AED for Community Rescuers	
	CPR/AED for Professional Rescuers	
	BLS for Healthcare Providers	
	CPR/AED & First Aid for Community Rescuers	

EMT	Emergency Medical Technician Basic or Intermediate	The training agency for an EMT certification can be a hospital, fire department or other agency.
Emergency Care & Safety Institute	CPR and AED ("Interactive" is NOT acceptable)	In conjunction with the American Academy of Orthopaedic Surgeons (AAOS may appear on card)
Life Safe Services	American Trauma Event Management Adult/Pediatric CPR/AED	
Medic First Aid Int'l	First Aid Basic Plus	
	CarePlus CPR and AED	
	Pediatric Plus	
NAUI (Nat'l Assoc of Underwater Instructors)	CPR & First Aid	
National Safety Council	CPR & AED	Length of certification varies by training agency
	First Aid, CPR & AED	Length of certification varies by training agency
	Advanced First Aid, CPR & AED	Length of certification varies by training agency
	Emergency Medical Response	Length of certification varies by training agency
Nat'l Registry of Emergency Medical Technicians	Paramedic	
	EMT – Basic or Intermediate	
PADI Emergency First Response	CPR/AED – Adult	Two different courses – one for Adult and one for Child – both certs are required.
	Care for Children – CPR/AED	First Aid optional, not required
	CPR/AED – Adult/Child/Infant	
Pro Trainings LLC	ProCPR – CPR/AED	Use this link: ProTrainings to see only the approved courses which requires the hands-on portion and get a reduced price.
	ProFirstAid – Lay Rescuer CPR/AED/First Aid	

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	ProFirstAid Advanced – Healthcare level CPR/AED/First Aid	Combines the two courses above
StarGuard	StarGuard	Also acceptable for the STSC in-water skills requirement
Tacoma Fire Dept	First Aid, CPR & AED	
	Basic CPR – Adult & Child with AED	
Save-A-Life Educators	CPR/AED – Adult/Child, or Adult/Child/Infant	Must include in-person skills assessment; if "online training" is printed on card, it must be accompanied by a second card stamped "skills assessment passed".
	CPR/AED/First Aid	
University Training Centers	Healthcare Provider BLS – Level B or C	